

INTERNATIONAL MARCHING LEAGUE



The I.M.L. was founded in 1987 in Tokyo, Japan.

Its aim is to encourage friendship between people of the world by organising international, non-competitive walking events.

The I.M.L. has 26 member countries including France which was accepted in March 2004. The lastest city to become a member is Gospic from Croatia which was approved at the AGM held in Norway in 2022.

The I.M.L. has set up a system of individual rewards which takes into account the number of events completed by a person in the various member countries of I.M.L.

Calendar of I.M.L. events

		2025	2026	Jours
Gilboa	Israel	04/05 April	17/18 April	2
Boras	Sweden	26/27 April	25/26 April	2
Blankenberge	Belgium	03/04 May	02/03 May	2
Wellingborough	England	10/11 May	09/10 May	2
Chantonay	France	29 May/01 June	14/17 May	4
Diekirch	Luxembourg	14/15 June	30/31 May	2
Bern-Belp	Switzerland	31 May/01 June	06/07 June	2
Viborg	Denmark	28/29 June	27/28 June	2
Castlebar	Ireland	03/06 July	02/05 July	4
Nijmegen	The Netherlands	15/18 July	21/24 July	4
Jubarkas	Lithuanie	02/03 August	01/02 August	2
Vaasa	Finland	08/10 August	07/09 August	3
Verdal	Norway	30/31 August	29/30 August	2
Gospic	Croatia	06/07 September	05/06 September	2
Arenzano	Italy	13/14 September	12/13 September	2
Seefeld	Austria	19/21 September	18/20 September	3
Brno	Czech Republic	27/28 September	26/27 September	2
Fulda	Germany	04/05 October	03/04 October	2
San Antonio	United States	15/16 February	21/22 February	2
Yatsushiro	Japan	28 Feb/02 March	06/08 March	3
Rotorua	New Zealand	15/16 March	21/22 March	2
Canberra	Australia	29/30 March	28/29 March	2
Dalian	China	17/18 May	16/17 May	2
Beijing	China	13/14 September	12/13 September	2
Arlington	United States	18/19 October	17/18 October	2
Won-Ju	South Korea	25/26 October	24/25 October	2
Higashimatsuyama	Japan	01/03 November	31 October/02 November	3
Taipei	Taiwan	08/09 November	07/08 November	2
Jogjakarta	Indonesia	15/16 November	14/15 November	2

The I.M.L. motto is :
«NOS IUNGAT AMBULARE»
«WALKING UNITES US»

Ville de
Chantonay
 "L'élan naturel"

VENDÉE
 LE DÉPARTEMENT

Pays de
Chantonay
 Communauté de communes

E.Leclerc
 Chantonay

CA
 ATLANTIQUE
 VENDÉE

**Harmonie
 mutuelle**
 GROUPE **vyv**
 AVANÇONS collectif

RANDONNÉE
4 JOURS EN
CHANTONNAY
VENDÉE
FRANCE

2025
May 29-30-31
June 01



THE 24th EDITION
International Walking Event
8, 12, 21, 28 or 42 km 1, 2, 3 or 4 days

BMLD : 200 km time limit 78 h - 150 km time limit 54 h - 100 km time limit 30 h

Information :
Tourist office
 + 33 2 44 40 20 06 (office hours)
 Internet : www.vendee-randonnee.com
 E-mail : accueil@r4jcv.fr
 f Randonnée 4 Jours Chantonay Vendée France IML





4 DAYS IN CHANTONNAY...

... to walk as you please !

It is :

- ✓ The possibility to walk 1, 2, 3 or 4 days.
- ✓ Each day a different route and the choice between various distances: 8, 12, 21, 28 and 42 km. (can vary plus or minus 2 km)
- ✓ A night walk on Friday.

A walk open to service personnel. A non competitive walking event at your own pace in a friendly and nature-respectful atmosphere. Running on the footpaths is not recommend as this will not be covered by our insurance as a result of this.

The BMLD – The Long Distance Walk Award – Non signposted route and without any assistance

- 200 km : time allowed 78 hrs
- 150 km : time allowed 54 hrs
- 100 km : time allowed 30 hrs

For all information from 1st january 2025, heading BMLD site <http://www.vendee-randonnee.com>
Registration by internet only, heading BMLD

Our association is a member of the International Marching League (IML), of the French Hiking Federation (FFR) and the French Federation of Popular Sports (IVV).

WALKS

All of our routes are on the website. A bus will take you to the departure point and you will walk back to the finish (except for the night walk and the BMLD).

- ✓ Departure : Chantonnay – Salle de l'Epine. G.P.S : N 46°68.5102' – W -1°05.4013'

Bus departure times.

Consider car pooling to get to Chantonnay

- ✓ From 6:45 am to 7:30 am for 42 km,
- ✓ From 7:00 am to 8:30 am for 28 km,
- ✓ From 7:30 am to 9:00 am for 21 km,
- ✓ From 8:30 am to 10:00 am for 12 km and the 8 km,
- ✓ Arrival at Chantonnay Parc Clemenceau : **last arrival at 5:00 pm.**
- ✓ Free : Coffee and Brioche at the start, refreshments on the route and on arrival. Out of respect for the environment, we do not give cups at the refreshment posts, so please bring your own.

NIGHT WALK

Friday, 30th May - Distance of approximately 12 km - leaving the Salle de l'Epine at 8:00 pm (Bring a torch!).
Traditional Ham - Mogettes served on arrival.

ENTRIES

- ✓ Preferably by internet : www.vendee-randonnee.com - go to «Registration». Internet registrations possible until Wednesday, May 28, 2025 at 10:00 pm.
- ✓ By mail, detach the registration form and return it with payment (cheque payable to R4JCV) to the following address:
R4JCV – TOURIST OFFICE – Place de la liberté – BP 59 – 85111 CHANTONNAY CEDEX -
Tel : + 33 2 44 40 20 06

- ✓ Last minute - at the Salle de l'Epine
Tuesday, May 27, from 05:00 pm to 07:00 pm
Wednesday, May 28, from 10:00 am to 06:00 pm
Thursday, May 29, Friday, May 30, Saturday, May 31, and Sunday, June 01, from 6:30 am

Note : For a family, complete one form per person and join them together with the payment. For a group (minimum 10 people), download the group registration form from the web site and e-mail it to inscription-groupe@r4jcv.fr

Rando-passes are not posted, they must be picked up on the day of your walk or beforehand at the Salle de l'Epine.
Very Important for the "4 days" future.

Absolute ban on returning to any private property at a later date.

**INTERNET REGISTRATION
PREFERRED**
*Registration at Salle de l'épine
from Thursday 29/05/2025
+ 1€ / walk extra*

ACCOMMODATION AND ENTERTAINMENT

- ✓ For information on the possibilities of accommodation, entertainment during the 4 Days, please contact the Tourist Office + 33 2 44 40 20 06 (number to dial outside France) or consult the website of the association : www.vendee-randonnee.com or www.cc-paysdechantonnay.fr
It is advisable to arrange the accommodation as soon as possible (especially if it for groups).
- ✓ Waste disposal and water refill points for campervans available (to be used with tokens).



INDIVIDUAL ENTRY FORM (except BMLD)

Please write in Black Capitals

Name _____ First name _____
 Address _____
 Postcode _____ Town _____
 E-mail _____
 Country _____
 Date of birth _____ Male Fem.
 IML walker : yes no IVV walker : yes no

Thursday 29th May

42 km
 28 km
 21 km
 12 km
 8 km

Friday 30th May

42 km
 28 km
 21 km
 12 km
 8 km

Night walk

Saturday 31th May

42 km
 28 km
 21 km
 12 km
 8 km

Sunday 1st June

42 km
 28 km
 21 km
 12 km
 8 km

PRICES : until 28th May included

42 km	10 € X	days
28 km	9 € X	days
21 km	8 € X	days
12 km	6 € X	days
8 km	5 € X	days
Extra walk (night walk)	8 € X	days

on site from 29th May

42 km	11 € X	days
28 km	10 € X	days
21 km	9 € X	days
12 km	7 € X	days
8 km	6 € X	days
Extra walk (night walk)	9 € X	days

Tick the distances you have chosen for each day.

Total

Image rights : By registration, the walker gives the organisers the rights to use images taken on the day to promote the event and use for any future promotional materials. Our official photographer will be taking photos during the walk. There will be English speaking people on hand to help.

Prices are applicable for all registrations made before Wednesday, May 28, 2025 - 6:00 pm
 Prices mark-up on site from Thursday, May 29, 2025.

Free for children born after 01/01/2017

TOTAL

€

